Message from the Chief Executive Officer

It’s been one year since we became Centerstone, and I am pleased to report that we are growing and evolving to better serve the diverse communities of Seattle.

We continue to act as a community lifeline through programs that have helped over 23,000 people meet their basic needs for food, heating, and housing. In addition, through our Financial Education Program and a partnership with the African American Leadership Forum - Seattle, we are working closely with community residents and service providers to engage in collective community action and dialogue. Centerstone is working with a group of stakeholders with shared longstanding financial and strategic investments in the community, including the Urban Leagues of Seattle and Tacoma, Washington State Commission on African American Affairs, and the African American Leadership Forum - Tacoma. One of our initiatives is to conduct a comprehensive study reporting the current financial, social, and political barriers to prosperity for African Americans in the State of Washington. We are deeply committed to this strategic work and passionate about advocating for equity to promote policy change.

I invite you to review our recent progress in this annual report to discover all of the ways we are reaching out to the community help people live better lives.

Andrea Caupain
Chief Executive Officer

Message from the Board President

To accomplish our mission of helping people move from poverty to self-sufficiency, we have focused on a singular approach: how to do more with less. Though our need to serve more people continues to grow, in today’s economic times we have limited choices in how we add capacity. Our solution? Investing in our people: employees, volunteers, and the Board.

**Employees:** This year, Centerstone earned national recognition as a Choose People Organization – a highly discerning and scientifically validated certification that immediately distinguishes Centerstone as a place that cares about its employees and where employees feel good about coming to work. Choose People is the common thread that ties good consumers and happy employees to great organizations like Centerstone, which ultimately strengthens the larger social fabric and promotes economic sustainability.

**Volunteers:** Through a partnership grant with United Way of King County and 501 Commons’ Volunteer Impact Program, Centerstone implemented new developments to our Volunteer Program including orientations, screenings, placements, and trainings for all incoming volunteers. This process allowed Centerstone to maintain consistency with our volunteer contributions while increasing the efficiency and impact of each hour donated to expand our reach. We developed many skilled volunteer positions within the agency that allow Centerstone to enhance our supportive services such as emergency application intakes and community resource referrals.

**Board:** We also recruited several new Board members to diversify the skill sets on our Board, including community members, consultants, and business professionals from Microsoft and University Preparatory Academy.

We are fortunate to have many wonderful employees, volunteers, and Board members guiding us towards a sustainable future. Please do not hesitate to contact us if you are interested in joining our ranks.

Dale Morris
Board President
Who We Are

Mission
Centerstone helps people help themselves and each other as they move from poverty to self-sufficiency through programs and advocacy.

Vision
We seek to create a healthy, thriving world free of poverty by serving low-income individuals and families in central King County including immigrants and refugees, youth, seniors, people with disabilities, and the new poor.

Values

<table>
<thead>
<tr>
<th>Values</th>
<th>Description</th>
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<tbody>
<tr>
<td>Excellence</td>
<td>Meeting and even exceeding standards of excellence in all that we do.</td>
</tr>
<tr>
<td>Compassion</td>
<td>Never judging anyone that walks through our doors, and treating all people with dignity and respect.</td>
</tr>
<tr>
<td>Responsiveness</td>
<td>Responding to clients and the community to address needs in a timely and responsive manner.</td>
</tr>
<tr>
<td>Innovation</td>
<td>Challenging ourselves to be impactful leaders in our community through new and dynamic approaches to social services.</td>
</tr>
<tr>
<td>Resiliency</td>
<td>Maintaining a sustainable business model that endures the test of time.</td>
</tr>
<tr>
<td>Diversity</td>
<td>Providing culturally competent services to make all people feel comfortable and understood.</td>
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What We Do

**Food Assistance Program** Our Food program served 37,650 bags of food in 2012 to 5,347 families/10,159 individuals, offering a variety of nutritious food to the city’s most vulnerable population. Centerstone’s Food program also provides a home delivery service to meet the needs of seniors, people with disabilities, and others that are homebound.

**Energy Assistance Program** Many people in Seattle are facing financial hardship, especially in these tough economic times. Our Energy Assistance Program provided over $4.2 million in financial assistance to 10,619 low-income families and individuals to prevent disconnection from heating services, help pay home heating bills and minimize future home heating costs.

**Housing Assistance Program** Centerstone is committed to reducing homelessness in Seattle. We helped 99 families last year to secure and maintain affordable housing, offering $77,659 in financial assistance to prevent eviction.

**Financial Education Program** Centerstone’s Financial Education Program works to stabilize, educate, and reduce debt for our clients. Our Financial Education Program taught 275 people vital skills including budgeting, credit, tax preparation, and other financial topics to help stretch their paychecks further and reduce the number of people affected by poverty through 41 workshops and 231 hours of training and coaching.

Living Day to Day: The Need for Centerstone’s Services

The number of families living in poverty is greater than ever. Centerstone is a community lifeline for people who are struggling to survive—even the working poor. Here are some of the facts:

- Children under 6 years old are particularly vulnerable to poverty. Children younger than 6 living in families with a single female head of household live in poverty at the rate of 58.2%, compared to 13.4% of children living in poverty in married-couple families.

- The federal “poverty threshold” in 2010 for a family of four with two children 17 or younger is $22,113. However, researchers estimate that it takes an income of about 1.5 to 3.5 times the official poverty level to cover the cost of a family’s basic day-to-day needs.  

- If every person in the United States that is living in poverty lived in the same state, it would be the most populous state in the nation - the state of Poverty, USA. The current population of Poverty USA is larger than the populations of Texas, New Mexico, Oklahoma, Kansas, Colorado, Arizona, Utah, Wyoming, Nevada and Nebraska...combined.
Eating on $1 a Meal: Loraine’s Story

A true “child of the 60s,” 72-year-old Loraine Campbell is a warm, upbeat, free-spirited woman with a wealth of life experience. She is a three-time cancer survivor. She’s also a published author, and is currently working on a memoir which she hopes to fund through an Artist Trust Fellowship. Yet despite living life to the fullest, Loraine can barely afford to eat. She lives on only $710 a month in Supplemental Security Income with $100 a month in food stamps. She can afford to spend $1 on each meal.

“If food banks weren’t around, I’d go hungry,” she said. Loraine seeks service from several food banks in the neighborhood. She goes once a month to the food bank at Jewish Family Services and stops by Cherry Street Food Bank on her way to the library, but she relies most heavily on Centerstone. For Loraine, nutrition is critically important to her health. Besides skin cancer and painful scoliosis, Loraine has lived with Hepatitis C for decades, keeping it under control mostly through a diet of fruits and vegetables. She has been a vegetarian for over 50 years and struggles to make 50% of her diet fresh produce—preferably organic—in order to keep her liver healthy and functioning. Without the community support of neighborhood food banks like Centerstone, Loraine would have to work even at 72 years old to afford to eat. As it is, she spends many hours each week walking from food bank to food bank to meet her basic nutritional needs. Loraine appreciates the support and care that Centerstone’s staff provides. “This place is turning into so much more than just the vegetables,” Loraine said.
Financial Summary

Who We Serve

Centerstone provides culturally competent services to make all people feel comfortable and understood. In 2012, Centerstone provided services to 23,166 Seattle residents.
Help us to end the cycle of poverty

DONATE
Supporting Centerstone's mission will impact thousands of people in need across Seattle! Help low-income and under-served communities to better their lives by supporting our staff, programs, and services. Donate by mail or on-line at www.center-stone.org.

CORPORATE GIVING PROGRAM & SPONSORSHIPS
We partner with many local businesses as part of our corporate giving program and sponsorships, including Boeing Employees Community Fund, Boston Private Bank & Trust Company, Amazon.com, and Puget Sound Energy. Contact us about opportunities to partner with your organization.

IN KIND DONATIONS OR PRO BONO SERVICES
If you have the resources or the desire to give back to your community, Centerstone offers many ways to donate. Contact us today.

VOLUNTEER
Volunteers are always needed and welcome! In 2012, volunteers donated 10,016 hours of time to Centerstone. If you are interested in volunteering or have special skills to offer Centerstone, please don’t hesitate to contact us.

Thank You 2012-2013 Staff, Board of Directors, and Volunteers

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722 18th Avenue • Seattle, WA 98122
tel: 206.812.4940 • fax: 206.328.8138
www.center-stone.org

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